
Adult OB/Gyn Emergencies: Management of the Uncomplicated Delivery

I. All Provider Levels

1. Refer to the Patient Care Protocols.
2. Maintain a patent airway and administer oxygen.
3. Assess the patient for signs of imminent delivery.
 - A. Number of previous deliveries.
 - B. Contractions less than two minutes apart, lasting 30-45 seconds.
 - C. Crowning or bulging.
 - D. Mother feels a need to move bowels.



Note Well: Do not allow the mother to go to the toilet.

4. If the delivery does not appear imminent, position and transport the patient in the left lateral recumbent position.
5. Reassess the patient frequently.
6. If delivery is imminent, prepare for delivery.
 - A. Utilize body substance isolation practices.
 - B. Control the delivery, prevent the head from 'exploding' from the vagina.
 - C. Support the head during the delivery.
 - D. Suction the mouth, then nose, after delivery of the head.
 - E. Remove cord from around the neck if needed.

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I. All Provider Levels (continued)

F. Gently guide the head downward until the upper shoulder delivers.

G. Gently guide the head upward until the other shoulder delivers.

H. Keep the newborn at perineum level until the delivery is complete, the cord is clamped at 8 and 10 inches from the newborn, and the cord is cut between the clamps.



J. Care for the newborn in accordance with the Neonatal Resuscitation Protocol.

K. Record the time of the birth.

7. If excessive postpartum hemorrhage is present.

A. Control external perineal bleeding by direct pressure to lacerations.

B. Perform uterine massage.

C. If possible, encourage the mother to nurse the newborn.

D. If bleeding is severe, refer to the Management of the Vaginal Hemorrhage Protocol (F2).

8. Prepare for the delivery of the placenta during transport.

A. Transport the placenta in a plastic bag, with the patient.



Note Well: Do not delay transport.

9. If blood pressure is less than 100 mmHg systolic, establish an IV of Normal Saline.

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II. Advanced Life Support Providers

1. Apply EKG monitor and document rhythm strip.



III. Transport Decision

1. Transport directly to the L&D unit may be indicated.

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